

JASON E. NESSEL MEMORIAL INVITATIONAL

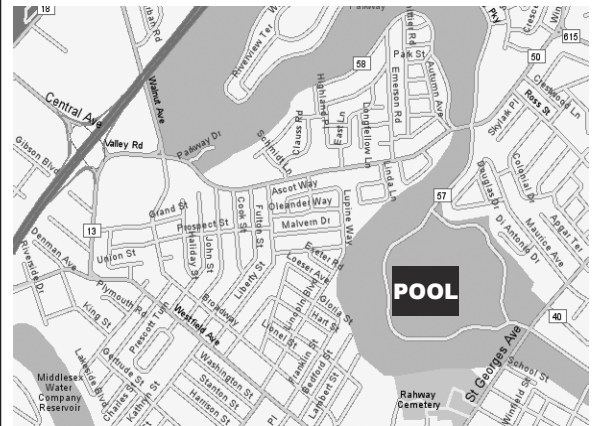
Sunday, August 7, 2011

7:15 a.m. warmup, 8 a.m. start

Sanctioned by NJLMSC for USMS, Inc. # 071-S04



**Walter E. Ulrich Pool
Rahway River Park
Rahway, New Jersey**



ENTRIES: The meet is open to all Masters Swimmers holding a valid 2011 USMS registration card. If you are using a paper entry form, a copy of your card must accompany your entry! Enter times in long course meters. **Maximum four (4) entries per swimmer.**

FACILITIES Pool is 8 lanes, each 50 meters long. Depth ranges between 3-5 feet. Electronic timing. Bring your own lawn chair.

AWARDS: Custom awards for First through Sixth place.

COST: Paper entries: \$12 meet surcharge. Online entry \$10. \$4/ individual event /relays are FREE. Deck entries permitted for relays ONLY. Mail payment to Jeff Jotz Aquatics, 1125 Jaques Ave., Rahway, NJ 07065 or register online at https://www.clubassistant.com/club/meet_information.cfm?c=1563&smid=3119.

DIRECTIONS: *Garden State Parkway Southbound:* Exit at Exit 135 (Clark/Westfield) and immediately bear left towards Rahway. When you pass under the Parkway, make your second right onto Valley Road. Follow Valley Road through traffic light for 1 mile and turn right into park at sign. Pool is 1/2 miles ahead on left.

Garden State Parkway Northbound: Exit at Exit 135 (Clark/Westfield) and immediately bear left onto traffic circle. Make your first right onto Valley Road and follow directions above.

For more information contact Jeff Jotz at (732) 382-9419 (eve.) or jjotz@yahoo.com.

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MEET ENTRY FORM

Name (print): _____ DOB: _____

Address: _____

City: _____ State: _____ ZIP: _____ USMS #: _____

Club: _____ Phone: _____ E-mail: _____

EVENT	TIME	FEES
400 Choice of one:		Paper entry meet surcharge* \$12
1. 400m I.M. circle one		
2. 400m freestyle		_____ Events x \$4 _____
3. 50m butterfly		
4. 50m backstroke		Maximum 4 entries per swimmer
5. 100m breaststroke		
6. 200m I.M.		400m relay <u>FREE</u>
7. 100m freestyle		TOTAL _____
200 Choice of one:		Attach copy of your 2011 USMS card
8. 200m freestyle		
9. 200m backstroke circle one		
10. 200m breaststroke		Send meet entries to:
11. 200m butterfly		Jeff Jotz Aquatics
12. 100m backstroke		1125 Jaques Ave.
13. 50m freestyle		Rahway, NJ 07065
14. 50m breaststroke		By July 31
15. 100m butterfly		* Register online at
16. 400m mixed free relay (deck entry)		https://www.clubassistant.com/club/meet_information.cfm?c=1563&smid=3119
		and save \$2

I, the undersigned participant, intending to be legally bound, hereby certify that I am physically fit and have not been otherwise informed by a physician. I acknowledge that I am aware of all the risks inherent in Masters swimming (training and competition), including possible permanent disability or death, and agree to assume all of those risks. AS A CONDITION OF MY PARTICIPATION IN THE MASTERS SWIMMING PROGRAM OR ANY ACTIVITIES INCIDENT THERETO, I HEREBY WAIVE ANY AND ALL RIGHTS TO CLAIMS FOR LOSS OR DAMAGES, INCLUDING ALL CLAIMS FOR LOSS OR DAMAGES CAUSED BY THE NEGLIGENCE, ACTIVE OR PASSIVE, OF THE FOLLOWING: UNITED STATES MASTERS SWIMMING, INC., THE LOCAL MASTERS SWIMMING COMMITTEES, THE CLUBS, HOST FACILITIES, MEET SPONSORS, MEET COMMITTEES, OR ANY INDIVIDUALS OFFICIATING AT THE MEETS OR SUPERVISING SUCH ACTIVITIES. In addition, I agree to abide by and be governed by the rules of USMS. (rule book article 203.1)

Signature: _____ Date: _____